




YMCABANNOCKBURN

Activate Bannockburn Sports Timetable

Autumn 2017

Bannockburn Recreation Centre
132 Milton Street, Bannockburn

Bannockburn Community Sports Stadium
32 High St, Bannockburn

Mon	Tues	Wed	Thurs	Fri	Sat/Sun	
	6 - 7am Group Fitness Beginner to Advanced		6 - 7am Group Fitness Beginner to Advanced		Birthday Parties by Appointment 	
9.15 - 10am Boxing	9.30 - 10.15am Rookie Sports	9.15 - 10am Ed Gymnastics 2 - 4 years	9.30 - 10.30am Steady Feet Meredith	9.15 - 10am Rookie Sports		
10-11.30am Soft Tennis 50+	10-11.30am Heart Moves 50+ Older Adults Group Exercise	10.15 - 11.15am Intro Gymnastics 4 - 5 years	10 - 11am Steady Feet Older Adults exercise	10 - 11.30am Soft Tennis 50+		
4 - 6pm Junior Netball Competition Grades 4,5 & 6	4 - 5pm Net Set Go 6-8 years Introduction to Netball	4 - 8pm Mixed Junior Basketball Competition Rookie 6 -8 years Junior 9 -12 years Under 15s Teams & Individuals	4 - 5pm Gymnastics Prep - Grade 1	4 - 5pm Aussie Slammers Intro to Basketball		4 - 5pm Basketball Training 7-12 years
7 - 9pm Mixed Basketball	7 - 9pm Ladies Netball		5 - 6pm Gymnastics Grade 2 -4			
			7 - 8pm Yoga	7 - 8pm Men's Basketball		